

**PAOC Ka Chi Secondary School**  
**Parent-Teacher Association Circular No. 4 (2021-2022)**  
**【 Enrolment for Parent Talk 】**

7 January 2022

Dear Parents,

In order to build up the students' spirit of self-discipline, the Parent-Teacher Association, SEN Committee and Scout Association of Hong Kong – The Friends of Scouting jointly hold a parent talk about Self-discipline on 22<sup>nd</sup> January (Sat.) for our members. Details are as follows:

**Activity: Self Discipline Attention Span**

Date	22 <sup>nd</sup> January 2022
Time	10:00 a.m. – 12:30 p.m. (2.5 hours)
Venue	Multi-Purpose Room and online meeting (ZOOM)
Target	Parents
No. of enrolment	20 - 25 parents
Purposes	After the parent talk, parents can 1. Understand what inattention is 2. Help children to build up the spirit of self-discipline by improving inattention
Activities	1. Talk 2. Experiential activities 3. Question and answer period
Speaker	Mr. James Lee Occupational Therapist - Siu Lam Psychiatric Centre Part-time Lecturer - The Education University of Hong Kong
Note	➤ The talk is conducted in Cantonese ➤ The talk will be held at MP Room or online (zoom) ➤ If you have any enquiry, please call Mr Wong TK at 2441 3818 ◦

If parents are interested in joining the above activity, please fill up the application form (first come, first serve) and hand in by e-Class system before **14 January 2022 (Friday)**.

Yours faithfully,



Wan Tse San  
Chairperson of PTA

**加拿大神召會嘉智中學**  
**家長教師會第 4 號通告 (2021-2022)**  
**【家長講座】**

親愛的家長：

為建立同學的自律習慣，家長教師會、學習支援組及童軍知友社於 2022 年 1 月 22 日 (周六) 為各會員舉辦家長講座，**教導家長如何協助子女建立自律習慣**。現誠邀各位家長踴躍參加，詳情如下：

**講題：自律，由專注力開始**

日期	2022 年 1 月 22 日(星期六)
時間	10:00a.m. – 12:30 p.m. (2.5 小時)
地點	學校地下多用途室及網上形式 (ZOOM)
對象	家長
人數	20 -25 名
目的	1. 提升家長對專注力的認識 2. 教授家長如何改善子女的專注力，從而建立自律的生活方式
活動內容	1. 專題講解 2. 體驗活動/遊戲 3. 問答環節
講者	李子軒先生 香港教育大學兼任講師 懲教署小欖精神病治療中心 一級職業治療
備註	➤ 工作坊以廣東話進行 ➤ 活動以實體及網上形式進行 ➤ 如有任何疑問，歡迎聯絡向黃達強老師，電話：2441 3818。

家長若有意參加上述活動，請於 **1 月 14 日(周五)** 或之前透過 eClass 報名，額滿即止。

此致

貴家長

加拿大神召會嘉智中學家長教師會主席

溫子珊 謹啟

二零二零年一月七日

## Enrolment Form 報名辦法

If parents are interested in joining the above activity, please apply through the e-Class system on or before **14<sup>th</sup> January 2022 (Friday)**.

有意參加上述活動之家長，可於 **1月14日(周五)** 前經電子報名系統報名。

To Whom It May Concern:

敬啟者：本人

- I **will** take part in the Parent Talk.  
參加健康講座。
- I **will** take part in the Parent Talk online  
以網上形式參加健康講座
- I **will not** take part in the Health Talk.  
不會參加健康講座。

此致

加拿大神召會嘉智中學家長教師會

Name of Parent 家長姓名:

Contact No. 聯絡電話:

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