

PAOC Ka Chi Secondary School

加拿大神召會嘉智中學

School Circular No. 5 (2019-2020)
家長通告第五號 (2019 至 2020 年度)

【 Hand Foot Mouth Disease 】
【 手足口病 】

11 September 2019

Dear Parents,

It has been confirmed today that a F3 student has contracted Hand, Foot and Mouth Disease (HFMD).

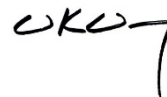
The main symptoms of HFMD are fever, sore throat, oral ulcers and non-itchy skin rash over the palms of the hands and soles of the feet. In most cases, the disease is mostly self-limiting and resolves itself in 1 week. However, if it caused by the coxsackieviruses and enterovirus 71 (EV71) is more likely associated with higher risk of complications.

No specific drug treatment is available for HFMD. Patients should drink plenty of water and take adequate rest, and may receive symptomatic treatment for fever or pain from oral ulcers. Sick children should stay away from school or gatherings until all vesicles have dried up and crusted and fever has subsided, usually after 1 week. Parents should monitor the child's condition and seek medical treatment if high fever persists.

Please be extra vigilant in monitoring your child's health condition. If your child develops any of the above symptoms, please contact the doctor as soon as possible and inform the school immediately.

Thank you for your cooperation.

Yours faithfully,



Principal Wong Wai Keung

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【手足口病】

敬啟者:

今天，本校有一名中三學生確診手足口病。

手足口病的主要病徵是發燒、喉嚨痛、口腔潰瘍，以及手掌和腳掌出現不痕癢的紅疹。大部份患者病徵輕微並於一週內自行痊癒；但由腸病毒71型引致的手足口病，則有可能引致併發症的風險較高。

現時並沒有藥物治療手足口病。患者應多喝水和有充足休息，同時亦可用藥物治療症狀，以舒緩發燒和口腔潰瘍所引致的痛楚。患病的子女應該避免上學或參加集體活動，直到約一星期後所有水疱乾涸及結痂，發燒已消退。家長要細心觀察子女的病情，若持續高燒，應立即求醫。

請 貴家長格外留意子女的身體狀況，若 貴子弟出現上述任何症狀，請盡快聯繫醫生，並立即通知學校。謝謝家長的合作。

此致

貴家長

校長



謹啟

二零一九年九月十一日